Halflings

Dietary Needs and Habits

It is common knowledge that Halflings are lovers of food. In recent years however, scientific studies have concluded that Halflings actually have an incredibly high metabolism, rivalling the metabolism of larger species like Orcs even. However, while an Orc's high metabolism is required in order to maintain their incredible muscle mass, it is still a mystery as to why Halfling metabolisms are so overcharged.

Even more strange is that a Halfling's body does not require them to be constantly consuming high amounts of calories, and in fact Halflings with particularly large appetites are fully capable of becoming obese. They do not starve any faster than other races either. To this day, it remains a mystery.

Civilization and Culture

History

Halflings have always been around, or so they'll say anyone. Halfling belief dictates the Halfling origins as one of the first sentient races, though their small size and tendancy for low impact living left them out of the eyes of history for most of time.

In Ovenica, Halflings began to grow in population around the same time as humans did. Because of this, recent adaptations of Halfling culture mirror many aspects of human culture and anywhere you find a large human population, you'll inevitably find Halflings.

Revision #1
Created 7 June 2025 02:45:09 by Jumaani
Updated 7 June 2025 02:45:34 by Jumaani